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## Ginger-Tahini Sauce

By Gemalli Austin, DrPH, RD

### Ingredients

- 1/4 c. tahini
- 1/4-1/2 c of water ( as needed)
- 2-3 cloves of garlic
- 2 tsp of freshly grated ginger
- 1/2 tsp of salt
- 1/4 tsp of cayenne
- 1 tsp of maple syrup or honey
- 1-2 TBS of nutritional yeast flakes
- 1/4 cup of lemon juice

### Instructions

1. Blend all ingredients until smooth, adding water as needed to reach desired consistency. This sauce pairs well with salads, bowls etc.