





Roasted Cauliflower Head

By Philip Riley

Ingredients

- 1 Cauliflower Head
- 1/3 Cup Olive Oil
- 4 Cloves Garlic (minced)
- 1 tsp Dried Basil
- 1 tsp Dried Parsley
- 1 tsp Dried Thyme
- 1/2 tsp Sea Salt

Instructions

- 1. Preheat oven to 400 degrees.
- 2. Wash the cauliflower, and remove any leaves. Carefully cut out the center stalk, being careful that the head doesn't fall apart.
- 3. In a small bowl, mix the oil, herbs, and salt.
- 4. Place the cauliflower upside down in a dutch oven, and pour half the mixture into the center. Then flip over and drizzle the remaining mixture on top.
- 5. Cover, and cook for 35-45 minutes or until fork-tender.