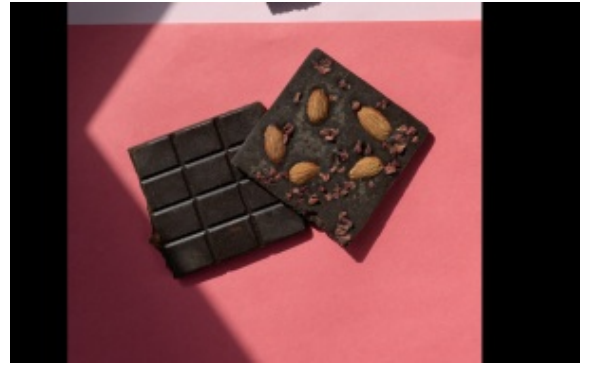




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Not Reese's Carob Candy

By Donna Green Goodman, MPH

Ingredients

- 1 cup of your favorite carob chips
- 1 cup of your favorite peanut butter
- ½ cup of your favorite chopped nuts.

Instructions

1. Place all ingredients in a microwave-safe bowl.
2. Microwave until chips are softened.
3. Stir and pour batter into a lightly oiled pan.
4. Chill.
5. Cut into squares and serve. (You can also make in a double broiler).

Bonus Tips

Variations:

Add mint; ½ cup granola; chopped coconut