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Eddie's Favorite Banana Pudding

By Donna Green Goodman, MPH

Ingredients

- 1 package Vanilla Mori-Nu Pudding Mix
- 1 package Mori-Nu firm, silken tofu
- 3-4 medium bananas
- 1 bag Mi-Del vanilla wafers
- vanilla soy milk

Instructions

1. Mix pudding mix with tofu according to directions on the package, using your favorite brand of vanilla soy milk to make it blendable and easy to spread.
2. On the bottom and sides of an 8" x8" baking dish, place a layer of vanilla wafers.
3. Layer half the sliced bananas and half the pudding.
4. Repeat again, ending with pudding.
5. Top with crushed vanilla wafers or chopped coconut.
6. Refrigerate.

Bonus Tips

Variations—Add 1 teaspoon of banana or coconut alcohol-free flavoring to pudding. Use Mi-Del Ginger Snaps in place of vanilla wafers.