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## Momma's Rice

By Donna Green Goodman

### Ingredients

- Olive oil
- 1 cup your favorite veggie beef chunks, diced
- 1 medium onion
- 1 cup diced carrots
- 1 cup green peas
- 2 cups Instant Brown Rice
- 3¼ cups water
- ½ cup chopped cilantro
- Garlic powder, McKay's Chicken Style Seasoning to taste

### Instructions

1. Pour a small amount of olive oil in a large pot.
2. Saute'/stir fry veggie beef chunks and onion for about 3 minutes.
3. Add carrots, peas and rice.
4. Stir until mixed well.
5. Add cilantro, some garlic powder and McKay's Chicken Style Seasoning.
6. Add water and bring to boil.
7. Taste and add more seasonings if desired.
8. Cover and reduce heat.
9. Simmer until rice is done.
10. Serve.