



# Adventists Say YES!

## to Healthy Kids and Families

Help us reach our goal of 2 million miles in the fight against childhood obesity. Invite a friend to join you on

**Let's Move Day, September 15, 2018,**  
as we move together and promote a healthier lifestyle.

For more information, resources, and a tool kit, please visit  
[www.AdventistInStepForLife.org](http://www.AdventistInStepForLife.org)

