



Adventists Say YES!

to Healthy Kids and Families

Help us reach our goal of 2 million miles in the fight against childhood obesity. Invite a friend to join you on

Let's Move Day, September 15, 2018,
as we move together and promote a healthier lifestyle.

For more information, resources, and a tool kit, please visit
www.AdventistInStepForLife.org



ADVENTISTS
InStep for Life

