**Sunday, September 15, 2018**

**Help Us reach our 2 million mile goal in one day!**

**Register at** [**www.adventistsinStepForlife.org**](http://www.adventistsinStepForlife.org/)

Whether you host a 5K run/walk, join a community event, or organize other activities, consider how your team can involve as many people as possible in physical activity. Invite your community

to join your church, school, or hospital as we move together and promote a healthier lifestyle.

**Participate in your local area! See you there!**

**event**  Name of event

**location**  Name of location

 Address line 1

 Address line 2 **date/time**  Month 00 / 00:00 a.m.–00:00 p.m. **contact**  Contact info. here

**Find resources and information at** [**www.adventistsinStepForlife.org**](http://www.adventistsinStepForlife.org/)

*ADVENTISTS*

*InStep* Let’s Move Day is an event of Adventists InStep for Life

*for Life*

Sponsored by the North American Division Health Ministries Department