

COVID-19 “Coping Kit”

Dear Neighbor:

I know we are living in a very different and challenging world right now so I put together a COVID-19 “Coping Kit” for each family on this Q street. Just wanted you to know you are in my thoughts and prayers.

- C a **Cookie** - molasses with raisins as molasses and raisins contain iron to help increase your red blood cells and give you strength and energy!
- O an **Orange** for vitamin C to help boost your immune system!
- V a **Violet candle** to help light your way!
- I **Infection Control** “Despicable Me” tissues - cuz minions are just adorable and COVID is despicable!
- D **Dark chocolate** because it’s good for you and gives you a lift!
- 19 **19 Bible promises** to claim during this COVID-19 crisis!

Hope this kit helps to brighten up your day!