



## Re:veal

*Each member share with the group in about 30 seconds or less.*

- What have been your greatest challenges to making changes in your life?
- **When trying to change your life, what are some things that could lead you to stop trying?**

## Re:ad

*Have each person read one verse in a clockwise fashion.*

**Luke 8:40-56**

## Re:flect

*Discuss the following questions as a group:*

1. What was the man's health dream?
2. Why do you think the man approached Jesus the way he did in verse 41?
3. What did Jairus have to fight through in order to achieve his desire?
4. Why do you think Jesus paused and asked the woman who touched Him to show herself?
5. **What motivated Jairus to keep walking with Jesus even though the situation got worse?**
6. **Why did Jesus put the people out of the room in verse 54?**

## Re:tell

- Share a story about a time when you stuck to a routine despite opposition.
- **Share a story about a time when you quit trying for a change in your life.**
- **Share a story about a moment when you realized that a relationship or community was hindering you and so you separated yourself from them.**

## Re:act

Make a list of the 5 biggest obstacles that you have overcome in your life. Post them somewhere to remind yourself that the enemies ahead are just as beatable as the enemies behind.

