



Re:veal

Each member share with the group in about 30 seconds or less.

- Who are 5 people that have lifted you up during the lowest moments of your life?
- **Who are the 5 people who have inspired you the most to keep pursuing your goals even when you wanted to quit?**
- **Who are the 5 people who you feel have held you back the most in your life?**

Re:ad

Have each person read one verse in a clockwise fashion.

Mark 2:1-12

Re:flect

Discuss the following questions as a group:

1. Why do you think these four people helped such a helpless man?
2. If the crowd made it so difficult to reach Jesus, why weren't the four discouraged?
3. What did the act of uncovering the roof and lowering the sick man into Jesus' presence say to the paralyzed man? To Jesus?
4. Who's faith is the Bible saying that Jesus saw in verse 5?
5. **Do you think there were other people who would have been healed by Jesus had they had friends who would carry them to His presence?**
6. **Could the sick man have ever made it to Jesus on his own?**

Re:tell

- Share a story about a mentor in your life.
- **Share a story about a time when you failed to ask for help.**
- **Share a story about a moment when someone came to your help unexpectedly.**

Re:act

Find or rekindle a mentorship relationship that can carry you even when you're ready to give up. If you cannot find a person nearby, choose a distant mentor in someone online or in public that inspires you.

Consider pairing off into accountability partners in your group.

