



Membership Matters

by **Ginnie Kim, RN, MSN**

Are you an up-to-date member of the Adventist Association of Faith Community Nursing (AAFCN)?

If your answer is “No”, then you are the right person reading the right article at the right time – time when matters of membership move to front and center.

Are you eligible to be an AAFCN member?

Friend Level – If you are a member of the Seventh-day Adventist church and are interested in promoting health ministry in your church, then the answer is “Yes!” Pastors, educators, non-healthcare people, allied health professionals, LPN’s and LVN’s, and registered nurses who have not taken a Faith Community Nursing Foundations course, this level of membership is for you!

Faith Community Nurse Level – If you are a member of the Seventh-day Adventist church, have completed a Foundations of Faith Community Nursing course, and are still interested in promoting wholistic health (mental, physical, emotional, spiritual) in your church, this level of membership is for you!

How much does it cost to become an AAFCN member?

Friend Level – Enrollment at this level costs \$20 which will recur annually.

Faith Community Nurse Level -- Initial enrollment at this level costs \$60. Annual renewal is \$45.

Note: If you take the FCN Foundations course through the Association of Faith Community Nursing as part of the North American Division of Seventh-day Adventists, the initial enrollment year is free, with a \$45 annual renewal.

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Learn More!

Click the arrows to access these resources.



Renew Your
AAFCN
Membership



Learn how an FCN
impacts health



Wondering if you
should be an FCN?
Take this quiz.

Plan for the Annual Membership Meeting!

Plan Now to attend our annual membership meeting taking place on September 19th, 2023 at 7:00 PM EDT. More details to follow!





Nurse Spotlight



I must admit, I'm probably one of the proudest dads in the world because my daughter followed in my footsteps. Her name was Jocelyn Bennett: but, as of October 2002 she became Jocelyn White, MSN, RN (through marriage and graduation). Jocelyn grew up in a small town in South Carolina, and since her mom was a public-school teacher, Jocelyn was destined to do the same. However, things don't always work out the way we intend.

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Utilizing Your FCN Training



Are you like me? Do you ever look at all the materials from your FCN course and feel a bit overwhelmed, wondering how you'll ever be able to put all that information to good, practical use?

Reading slowly (again) through the book "Steps to Christ" by Ellen G. White illuminated a template that is proving very helpful to me. This gem is found at the top of page 70...

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What Pastors Should Know

by Rosalyn Saunders, DrNP, FNP, RN

In a world of complexity, riddled with despair, sickness, and crime, it is good to know that there are many pastors with caring hearts. Pastors are usually at the forefront of many of the events taking place in a community and in the church. However, they should be aware that they are not alone. They should know that there is help within each church congregation in the form of Faith Community Nurses, who can assist in this most important work. Faith Community Nursing (FCN; previously known as Parish Nursing) is a specialized practice that has historically focused on disease prevention, health promotion and providing care within a faith community. Our job as FCNs is to be a catalyst of help to the pastor and the congregation at large. After all, as FCNs we are nursing professionals who are trained practically and theoretically to identify such individuals.

In 1 Thessalonians 2:7, Paul wrote, "We were gentle among you, as a nurse nurture her own children." He knew it was crucial to the church that believers were cared for.

The same is true for us today: Relationships take time, and the process of nurturing isn't fully accomplished with one email, text, or even a phone call. It's done with consistent, regular personal contact and follow-up.

For this reason, we should educate pastors on the vast resource of assistance FCNs can provide for the enhancement of the overall mission and health of the church. The church and the community can benefit from having healthy members. As FCNs, our goal and our mission is to be the hands and feet of Jesus, to ensure that we are effectively engaging with the members in every possible way we can.

While the church serves as a hospital for sinners, it also serves as a hospital for the chronically, mentally, and acutely ill. Pastors should be educated about our uniquely important role and how we can serve as a liaison between church departments, the congregation and the community in our perspective roles.

What exactly can we do as FCNs that would make a difference in a church congregation? Let's examine a few avenues: (1) we can have a listening ear, (2) be vigilant to those that sit next to us, (3) assess needs, (4) report the needs to the interdisciplinary team which includes the pastor and health ministries team leader. All entities collaborating can make healthy individuals, which in turn contributes to healthy church members and communities. How can this be accomplished through the interconnectedness of the FCN? It is not always easy to collaborate. It takes courage to collaborate. True collaboration requires a commitment to greater good, coordination, cooperation and mutual work (Smith-Trudeau. 2018).

Wei-Skillen and Silver (2013) suggest these principles for effective collaboration:

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Click the photo to view the recipe details!

Day Starter Smoothie

By Eric Adams

