

# L.I.F.T. Training

LISTEN - INSPIRE - FACILITATE - TRANSFORM

**Nov 16-17, 2024 | College Park Church  
Oshawa, Ontario, Canada**



## Featured Speaker

**Rick Mautz PT. MS.**

Past President,  
Adventist Association  
of Health & Wellness  
Coaching

**LEARN SKILLS FROM JESUS'  
WAY OF COACHING FOR  
GREATER SUCCESS IN ANY  
MINISTRY!**

### Training Includes:

- Instruction on coaching skills
- L.I.F.T. Workbook
- Hands-on practice
- Tools to share the program at your local church
- Additional resources



Scan the QR code  
to learn more or visit  
[AdventistCoaching.org](https://AdventistCoaching.org)

**Jesus came to free people from sin and pain,  
and now calls us to continue His work.**

**Questions? Call 289-892-4237**



ADVENTIST ASSOCIATION OF  
HEALTH & WELLNESS COACHING

Seventh-day Adventist Church  
NORTH AMERICAN DIVISION



COLLEGE PARK  
SEVENTH-DAY ADVENTIST CHURCH



Seventh-day  
Adventist Church

ONTARIO CONFERENCE