

Made to Move Sabbath 2022 – Sept. 17, 2022

Morning announcement for churches to invite their congregants to the Sept. 18 Made to Move 5K:

Tomorrow, September 18, you are all invited to participate in the Made to Move 5K, a run/walk event sponsored by North American Division Health Ministries. We will be meeting at [time] at [place] and walking or running five kilometers (3.1 miles). We expect it to take [length of time], and everyone is welcome to join us for this opportunity to MOVE as a group.

a) You can register tonight after sundown at nadhealth.org. Your commemorative Made to Move 5K t-shirt and participants medal will be mailed to you after the event.

b) [Church name] has pre-registered for [number] spots and we have t-shirts for those who are interested in participating tomorrow.

Movement. We were made for this! Look forward to seeing you all there.